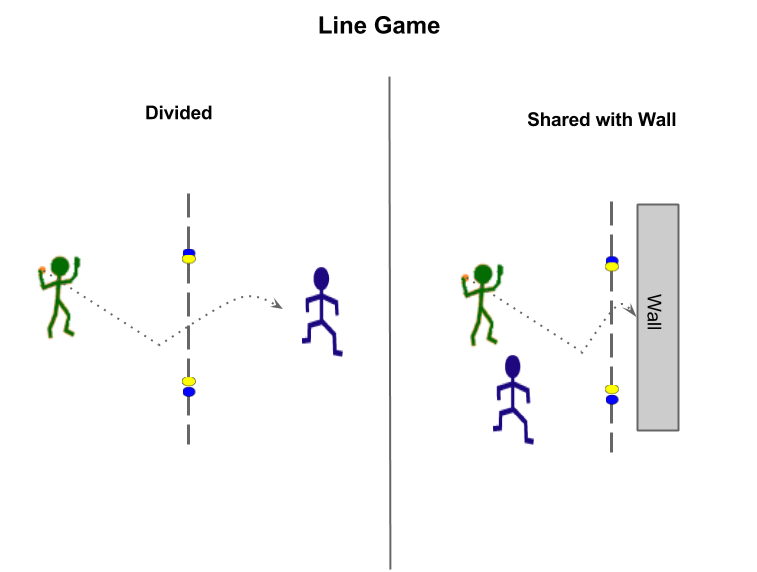
|  |
| --- |
| 8 spots and 4 paddle bats  3 bouncy balls  3 high bounce form balls  6 blue lines |

**Equipment Monitor**

**

Aim of game:Bounce the ball on your side of the line between the spots to land in opponent’s area

1. *Ball must be sent from shoulder height and must bounce on sender’s side of the line.*
2. *Ball must be sent between the two spots assigned to the sender (i.e. yellow or blue)*
3. *Score point if ball is dropped or bounces on opponent’s side of the line before being caught*
4. *Score point if sender fails to get the ball to bounce between assigned spots.*

**Official**

**Extensions** to the game

**Coach**

1. Catch and then strike ball with hand
2. One-touch control then strike ball with hand or bat
3. Strike ball with bat

**How could a modification by adaptation rule be added to your game?***(Outcome of a game encounter changes the game for winner to make the game more challenging)*

*Strategies*

***Principles of Play***

*Consistency*

*Placement*

*Positioning*

*Spin*

*Power*

Swap and play line game with wall if used just line and visa versa if started with the wall.

**Analysis**

What are the key strategies (ways of playing and movement off-the ball) to use to be successful at these games?

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What body management (movement skills) do you need to play your game?

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What are the manipulative skills you need to play these games?

**Choose a Sending Skill**

Name Skill: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
| 1. Preparation………… |  |
| 1. Wind-up……………. |  |
| 1. Force-Generation… |  |
| 1. Recovery………….. |  |

**What would be two tasks you could do to practice that would help your peers play your game?**

Consider (1) Skill cues (2) Tactical prompts

|  |  |
| --- | --- |
| Task | ***Word Suitable Tasks*** |
| 1 |  |
| 2 |  |