

<p>Lesson: European Handball</p> <p>Topic: Passing & Shooting</p> <p>Equipment: 8 Handballs, 16 small round cones, 8 large orange pylons, 24 pinnies (4 colours x 6 pinnies per colour)</p> <p>Basil, Blake, Mikaela</p>	<p>Learning outcomes: TSWBAT...</p> <p>P: pass the ball accurately to a teammate when under pressure from a defender.</p> <p>C: see and move into open spaces in order to receive a pass from a teammate who's under pressure while in a game or game-like situation.</p> <p>A: work as part of a group to achieve the group's goals (a certain # of passes, score points, etc.)</p>		
<p>Introductory Activities (1 minute)</p> <ul style="list-style-type: none">- Introduce the topic: European Handball.- Main focus of lesson: Passing & Shooting Accuracy- Demonstration: 3 teaching cues	<p>Organization</p> <p>Students will be sitting on the ground facing the teachers so that they can see the demonstration from the side view.</p>	<p>Teaching Cues</p> <ul style="list-style-type: none">- Step forward with opposite foot when throwing the ball.- Square hips to target.- On follow through, point to target.	
<p>Lesson Focus (6-7 minutes)</p> <p>Activity: 4 vs. 2</p> <p>4 Players will start on the cones in one square, and the other 2 players will be defenders in the middle. The 4 players on the outside must try to pass the ball, to each other, moving into space outside of the square, while the defenders try to intercept or get a touch on the ball. Once a defender does this, the defenders move to the outside, and the player who made the pass and the person they were passing to move to the inside.</p>		<p>Organization</p> <p>Students will be in 4 teams of 6.</p> <p>4 large squares made of 4 cones each will be set up across the middle of the gym.</p>	
<p><u>Demonstration: 1 minute</u></p> <p>Using 3 teachers & 3 players.</p> <p>Check for understanding:</p> <ul style="list-style-type: none">- 3 teaching cues?- What are the people on the outside doing?- What happens when a defender touches the ball? <p><u>Cooperative: 2 minutes</u></p> <p>6 teammates practice moving & passing the ball, if the ball is intercepted or touches the ground switch the defenders.</p>		<div><div></div><div></div><div></div><div></div></div>	

<p><u>Cooperative Challenge: 2 minutes</u> Set goal of 5 passes in a row with no interceptions. If that is accomplished, switch the defenders and move up to 10. Accomplished, switch defenders and move to 15, etc.</p> <p><u>Competition: 2 minutes</u> In 30 seconds, players on the outside try to make as many passes as possible to defeat the other teams. After 30 seconds, switch defenders and go again.</p>	
<p>Culminating Activity (7-8 minutes) Modified Handball Game</p> <ul style="list-style-type: none"> - 3 steps with the ball - 2 passes before scoring (If this is too easy, progress to everyone must touch the ball before scoring). - If ball goes out of bounds, or hits the ground possession changes. - Scoring: Must knock the cones off the pylon in the 3 point area (once 1 cone is knocked off it stays down to give losing team advantage) - No players allowed in the 3 point area to maximize shooting accuracy. <p>Switch teams every 2 minutes so that each team plays each other.</p>	<p>Organization Two courts running at once (boundaries = basketball courts).</p> <p>At the end of each court in the 3 point area, 2 orange pylon cones will be placed on the floor with a small round cone placed on top of pylon.</p>
<p>Closure (~30 seconds to 1 minute) Check for understanding:</p> <ul style="list-style-type: none"> - What were the three teaching cues? - What strategies did they find helpful in the activities that weren't included in the teaching cues? 	<p>Organization Bring class into a semi-circle, sitting on the ground.</p>