Class: Grade 9/10	Lesson focus: Skills Review, Doubles Play
Unit: Tennis	Equipment: 25 small circle cones, ~60 tennis balls, 15 tennis
Lesson 4 of 4	racquets

Learning outcomes: TSWBAT...

P: return a ball served across the court and then re-position based on where their opponent is standing to be able to engage in a rally with their opponent.

P: rally the ball 5 times in a row with their double partner to return a shot in a doubles match. C: compare their partner's forehand and backhand strokes against a the criteria on the task card and provide feedback to their partner consistent with the criteria and the performance.

for a shot to come

backwards, students

will always be facing

forwards and should make sure to keep

their heads up, as if to look for an

incoming ball.

over the net.

• When moving

C: demonstrate appropriate court movement strategies during a doubles game.

A: offer their peers encouraging feedback to help their partner improve their stroke skills.

A: communicate with their doubles partner to return a shot effectively in a doubles match.

Introductory Phase (10 minutes) The students will perform a dynamic warm up led by the instructor. This warm up will involve moving around the court in a fashion similar to the ways that a tennis player would move around the court when playing doubles. Teaching Points/Cues When moving sideways, students should sidestep with knees bent and arms up, as if preparing

Body (25 minutes)

- Partner Evaluation: Forehand Stroke (Students will be given a task card)
- Partner Evaluation: Backhand Stroke (Students will be given a task card)
- Cross Court Serve Returns & Volleys (1 and 2 are on opposite side of the net, at the baselines. 1 serves then runs to the net. 2 returns the serve. 1 is at the net, trying to volley the return. Switch roles)

Culminating Phase (20 minutes)

Short Game, 2 vs. 2:

Two pairs start at the service lines on either side of the net. The first team underhand serves the ball. The ball must land in the service box before the other team can return it. The goal is for the ball to always land in the service box. The first team serves 5 times in a row, then the other team serves.

After doing one practice round, can make this competitive. There must be 4 hits before points can start being counted. Teams will start at the service line, but once they feel comfortable they can extend the boundaries farther back.

Closure (5 minutes)

- Ask review questions (eg: What do you need to do for the forehand stroke?).

- Ask what the students enjoyed and what they would have liked to do.